

Babson College

A Guide to Supporting Students in Need

As Babson community members it is our responsibility to help each and every student flourish and reach their highest potential both academically and socially. At times you may come across a student who is need of help, guidance or advocacy. This guide is intended to provide you some basic resources and direction when working with students in need.

General Guidelines for Supporting a Student of Concern

A critical step in supporting students who may be experiencing some distress is making sure the student knows they are not alone. Often, it is the ability to just listen that can have the biggest impact. Here is a list of suggestions on how to respond to a student in need of support:

- Invite the student to meet in a private setting, such as your office
 - Express your concerns directly and honestly
 - Let the student know you are generally concerned for them
 - Remain calm; show the student you care by expressing yourself in a caring and supportive tone and mannerisms
 - Validate the student's efforts in seeking help
 - Consider cultural differences that may play a factor for students; students' expectations of what can be done, external pressures or stigma associated with asking for help
 - If you are concerned about a student in psychological distress who may be considering suicide or self-harm, ask the student directly about this, and let them know you are concerned and will be contacting the Wellness Center or Public Safety for their support and help
 - If you are unsure of an appropriate referral or how to help a student please feel free to call the Dean of Students office (781-239-5008) during the day or call Public Safety (781-239-5555) after hours and ask to speak to the Dean on Call to seek guidance
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Determining an Appropriate Level of Response

When to listen, support and advise:

- ✓ Student shares common life struggles (homesickness, relationship break ups)
- ✓ Student shares concerns regarding academic performance/faculty grading
- ✓ Student conveys frustration or annoyance with project/team member

When to consult and or refer to resource:

- ✓ Student discloses they have been a victim of gender based misconduct: Contact Betsy Rauch, Title IX Coordinator brauch1@babson.edu or 781-239-5501 or visit Horn 329
- ✓ Student shows signs of depression, anxiety or substance abuse
- ✓ Student who exhibits a significant behavior change or suddenly stops attending class/becomes uncharacteristically unresponsive
- ✓ Student expresses passive thoughts of death but not intent to self-harm
- ✓ Student shares an email alluding to something disturbing or has troubling content in a written assignment
- ✓ Student is facing financial hardship
- ✓ Student is struggling with immigration or visa issues

When to take immediate action and call:

- ✓ Any mention of intent to harm oneself or others
- ✓ Presence of unusual or disturbing thoughts or behaviors
- ✓ Medical problems that are life-threatening
- ✓ Persistence of problem despite prior efforts to refer student

Student Support Resources

When to Call Whom...

Immediate Life Safety Issue:

Campus Police 781-239-5555
(Public Safety)

The Public Safety Department provides law enforcement, security, crime prevention, emergency medical, fire safety, OneCard and parking related service to enhance quality of life, safety and security of the campus.

Academic Concerns:

Undergraduate Office of Academic Services 781-239-4075
(Hollister 220)

Graduate Academic Services 781-239-4474
(Olin Hall 320)

The Offices of Academic Services provide students and faculty with the resources necessary to thrive in an integrated, competency-based curriculum. The offices assist students with academic and personal development through a variety of programs, including; personal and academic advising and support, support for the integrated curriculum and services for students with disabilities.

Office of Accessibility Resources 781-239-4508
(Hollister 122)

The Office of Accessibility Resources (OAR), is responsible for working with students with disabilities to assess their academic needs, housing and dining accommodations, assuring architectural and facilities access for and modifications of policies that might have differential impact on students because of disability.

Academic Integrity Issues 781-239-6344
(Park Manor Central)

Reports of violations of the college's academic honesty and integrity policy should be made to the Office of Community Standards.

Wellness Issue:

Health Services 781-239-6363
(Hollister 130)

Health Services is staffed by a highly skilled and caring team of nurse practitioners, a consulting physician, a nutritionist, and an administrative assistant. The certified nurse practitioners are licensed to diagnose and treat illnesses, prescribe medication, order and interpret diagnostic tests, and provide health counseling and education.

Counseling 781-239-6200
(Park Manor South)

Babson provides a variety of counseling services for students who need consultation, referral, and short-term treatment.

Alcohol & Other Drug Services (AODS) 781-239-5200
(Park Manor South)

AODS offers a range of programs and services designed at reducing the negative consequences associated with high-risk drinking and other forms of substance abuse through prevention, education, intervention, policy development, and coordination with treatment providers.

Sexual Assault Prevention & Response Services 781-239-7233
(Park Manor South)

The Office of Sexual Assault Prevention & Response Services (SAPRS) is responsible for the development, implementation, and evaluation of a comprehensive, empowerment-based, and trauma-informed violence prevention program for Babson. The Office is also designed to provide holistic case management and advocacy regarding medical, legal, administrative, and academic options. The SAFE Hotline is a Babson-specific rape crisis hotline that can be accessed by students 24/7/365. The hotline is staffed by trained advocates who are ready to help survivors, friends, or campus partners.

Student Support Resources

Student Engagement:

Student Life Suite (Reynolds 211) 781-239-4500

Graduate Student Affairs (Olin Hall 320) 781-239-4018

Students having transition issues or finding connections and/or opportunities to get involved around campus.

International Students:

Glavin Office of International Education (Hollister 220) 781-239-4565

The Glavin Office houses education abroad and international student services.

Multicultural and Identity Programs (Reynolds 211) 781-239-4500

Striving to ensure an inclusive Babson community that is welcoming, affirming and safe for all students. Where students are encouraged to not only explore and develop their own complex identities but to fully engage with the internationally diverse Babson community.

Living on Campus:

Housing and Dining Operations (Reynolds 211) 781-239-4500

Undergraduate students are housed in one of 18 residence halls on our campus, ranging from traditional residence halls to suite-style accommodations. Graduate student housing for both individuals and families, is available in one of five residence halls, ranging from studio, one-bedroom, and large two-bedroom apartments.

Residence Education (Reynolds 211) 781-239-4500

Aims at shaping entrepreneurial leaders through engagement in co-curricular experiences, holistic learning, and intentional development in a safe and inclusive community. Resident Assistants are undergraduate and graduate students are peer leaders who provide opportunities to students for educational and personal growth and are responsible for building vibrant residential communities.

How to reach Student Affairs staff after hours:

Student Affairs has two professional staff members on call every day of the year. They are trained and prepared to respond to student's needs and crisis situations at all hours. You can reach the Dean on Call (DOC) by calling Public Safety 781-239-5555 and ask to speak the DOC.

Campus Assessment, Response, & Evaluation (CARE) Team

The CARE Team is a multidisciplinary team that responds to reports regarding students' well-being. On occasion, the College will need to activate a systematic response to student behaviors that may be disruptive to the college community and that may involve safety and/or mental health concerns. The CARE Team provides a caring, confidential program of identification, intervention, and support in order to provide students with the greatest chance for success and the college community with the greatest level of protection. To submit a CARE Report, click [here](#).